

Suicide Prevention Strategies for Leaders

RESPONDING TO A SUICIDE DEATH

- Lead by being **PAV**:
 - » **P**RESENT in your unit — more than usual
 - » **A**CTIVE — walk around in the unit and events talking to each member
 - » **V**ISIBLE — let members know you are there
- Check-in on others experiencing difficulties
- Acknowledge your own grief and loss to your unit, it enables them to do so also
- Provide information that is public about the suicide to unit members; avoid details about how the person died
- Create opportunities for unit members to be together and stay connected
- Reach out to people who are disconnected
- Consult with response teams including Casualty Affairs, Chaplains, and Behavioral Health

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<https://www.cstsonline.org/suicide-prevention-program/>

