

# Firearm Leadership to Reduce the Risk of Suicide and Harm

## ALTERNATIVES TO FIREARMS FOR SELF AND FAMILY PROTECTION

- Remind personnel of options for personal and home safety that are safer than unlocked weapons. These include:
  - ❑ Guard Dogs
  - ❑ Alarm Systems
  - ❑ Pepper Spray
  - ❑ Stun Guns and Tasers
  - ❑ Pocket and Tactical Knives

Center for the Study of Traumatic Stress  
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www.CSTSONline.org



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<https://www.cstsonline.org/suicide-prevention-program/>

