### What to Know about Problematic Sexual Behavior in Children and Youth (PSB-CY)

**What is PSB-CY?**
PSB-CY is (1) behavior that is developmentally inappropriate or (2) potentially harmful to the individual(s) impacted. However, many other factors should be considered: ages of those involved, age difference, developmental ages, impact on the child affected, frequency of the behavior, whether force or coercion is used, and is non-mutual. For more details about PSB-CY, see [HERE](#).

**How has the Army addressed PSB-CY?**
Army PSB-CY efforts began in 2015. Click [HERE](#) for more information.

**How does this new change affect what we do?**
To effectively address cases of PSB-CY, we need to:
1. change our thinking: from the model of incidents meeting/not meeting criteria; to one that describes the behaviors of children and youth.
2. change our language: **Exhibitor** is the term for the child who has alleged to have engaged in PSB-CY. **Impacted** is the term for the child or children involved in the alleged incident(s). **Victim** and **abuser** [or **offender**] are not terms used in PSB-CY.
3. change our assessment: be aware of the multiple processes in assessment and follow-on actions such as referrals for treatment or other outcomes.

For more information about these shifts in perspective, please click [HERE](#).

### How to Implement PSB-CY Guidance

Taking on this new role can be a challenge. Here are some resources that may be helpful in working with affected families.

**What is PSB-CY and what is not**
While difficult to define, there are guidelines to consider when an incident has been reported. The behavior may be classified as (1) **normative**, (2) **cautionary**, or (3) **problematic**. For more information and a helpful chart, please click [HERE](#).

**What steps to take when PSB-CY is reported**
FAP must evaluate the incident using the Non-Clinical Referral Tool (NCRT). If **problematic**, FAP activates the Multidisciplinary Team (MDT) to review the referral, address safety needs, and determine a course of action. Click [HERE](#) for more information on the process and who should be on the MDT.

**What is the NCRT and how to use it**
The NCRT helps you evaluate incidents of PSB-CY and determine if the MDT should be engaged. Click [HERE](#) for more information on how to use the NCRT.

**Other helpful resources on PSB-CY topics**
These resources provide a variety of topics and approaches to engage families of children exhibiting or impacted by PSB-CY. Some resources are about broader childhood behaviors while others are specific to PSB-CY. [HERE](#) are links to DoD-supported platforms.

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**Helpful Tips for Parents**

[HERE](#) is a resource to share with your families on how to talk to your child about healthy sexual behavior.