

MEASUREMENT OF MILITARY COMMUNITY RESOURCE ADEQUACY

The strength and effectiveness of a community is based in part on the extent to which the needs of the community members can be met or the availability and adequacy of its resources. Community resources help support individuals, promote psychological and physical well-being, and mitigate distress from stressful events. Understanding the adequacy of community resources is important to military families, who experience occupational stressors such as deployment, threat of combat-related injury, and extended

separation from family. Military families are supported not only by resources found in the military community on the installation but also by resources in the surrounding community.

The following measure assesses perception of availability, use, satisfaction, and importance of community resources for military families both on and off the installation. It can be used in health research with military families.

Military Community Resource Adequacy Scale

We would like your opinions about community resources both on- and off-post. Please indicate for each item below how well you think it *meets the needs of military families* in the community. *For each item, circle the appropriate number.*

	Does Not Meet Needs		Somewhat Meets Needs		Completely Meets Needs	Don't Know
ON-Post Resources						
1. Retail & food services (e.g., commissary)	1	2	3	4	5	6
2. Housing	1	2	3	4	5	6
3. Healthcare	1	2	3	4	5	6
4. Mental health care	1	2	3	4	5	6
5. Recreational services	1	2	3	4	5	6
6. Childcare services	1	2	3	4	5	6
7. Religious activities	1	2	3	4	5	6
8. Family activities	1	2	3	4	5	6
OFF-Post Resources						
1. Retail & food services (e.g., commissary)	1	2	3	4	5	6
2. Housing	1	2	3	4	5	6
3. Healthcare	1	2	3	4	5	6
4. Mental health care	1	2	3	4	5	6
5. Recreational services	1	2	3	4	5	6
6. Childcare services	1	2	3	4	5	6
7. Religious activities	1	2	3	4	5	6
8. Family activities	1	2	3	4	5	6

Scoring Directions. The two distinct factors, on- and off-post resource adequacy, may be examined by computing the mean of the items for on- and off-post resource adequacy separately. A mean score of all items may be calculated as an average measure of resource adequacy on

and off the installation. We found that both scales were reliable and had good internal consistency (Cronbach's α for on-post resource adequacy = 0.87; off-post resource adequacy = .91).

Continued

Reference

For details, please see: La Flair, L.N., Fullerton, C.S., Cozza, S.J., Mash, H.B. Herberman, McCarroll, J.E., Ortiz, C.D., & Ursano, R.J. (2015). Military families: Measure of community resource adequacy. *Psychological Reports*, 117(1), 1-11.



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