



Becoming a TRICARE Behavioral Health Provider




Presented by: John R. Sparks, Behavioral Health Consultant, TRICARE Regional Office - West, San Diego, CA, (619) 236-5311 john.sparks@trw.tma.osd.mil



Triple Option Healthcare Benefit


- Healthcare entitlement vs. Insurance
- TRICARE Prime
 - HMO like benefit
- TRICARE Standard
 - Indemnity (fee for service) benefit
- TRICARE Extra
 - Preferred Provider benefit



2

Why TRICARE? Why Now?

- Large numbers of Americans are suffering from psychological trauma as the direct result of the ongoing conflict.
- Shortages of Behavioral Health professionals
- Impact on the Military Family
- Community Impact
- Impact on National Security



3

Serving Those Who Serve

- Soldiers, Sailors, Marines, and Airmen
- Active Duty families
- Spouses of Active duty
- Children of Active duty
- Retired Members
- Retired Family Members



4

Children Adolescents and Families

- Children at risk in multiple systems
 - Family
 - School
 - Peer
 - Neighborhood
- Family system Integrity
 - Pre-deployment
 - Mid-deployment
 - Post-deployment
 - Psychological Trauma



5

Behavioral Health Services



- TRICARE-Covered Behavioral Health Treatment Includes, but Not Limited to
 - Outpatient therapy
 - Acute Hospitalization
 - Partial Hospitalization
 - Residential treatment center (children and adolescents)
 - Substance Use Disorder Rehabilitation



6



Outpatient Services

- Least restrictive but most clinically appropriate level of care
- Psychotherapy
 - Individual
 - Family
 - Group
 - Collateral
 - Play therapy
 - Psychoanalysis

  7



Outpatient Services...cont'd

- Initial 8 sessions per member per fiscal year automatically authorized
 - Exception: Active Duty Members
- Provider must request continued authorization between 8th and 9th session
 - Continuation based on medical necessity
- Psychological Testing
 - Six hours per fiscal year
 - Additional hours may be authorized with medical necessity review

  8

TRICARE-Authorized Behavioral Health Providers

- Psychiatrists
- Clinical Psychologists
- Certified Psychiatric Nurse Specialists
- Clinical Social Workers
- Certified Marriage and Family Therapists
- Pastoral Counselors
- Mental Health Counselors
- Licensed Professional Counselors

  9

TRICARE Certification

- Providers Must be TRICARE-certified to receive reimbursement
- Certification facilitated by Regional Contractor determined by your practice location
- www.tricare.mil/tma/becomeatricareprovider.aspx Follow prompts for state specific information
- Complete a certification packet and enclose required documentation.
- Mail it to the address provided at the TRICARE website listed above.



TRICARE Standard vs. Prime

- Practice Location
- The Prime Benefit is primarily offered in a 40 mile radius around Military Treatment Facilities
- Prime Providers are asked to discount reimbursement for increased volume.
- Standard providers need not participate for all beneficiaries
- Standard providers may charge an additional 15 percent above the maximum allowed charge



Benefits of being a network provider

- 98% of referrals go to Network Providers
- Simple reimbursement process
- Ready access to free continuing education
- Administrative support and guidance
- Instant access to assistance and information through an assigned network representative
- Practice expansion opportunities
- Tele-behavioral health



Expand your practice capability

- TRICARE Telebehavioral health
- All TRICARE beneficiaries eligible
- Originating sites located throughout country
- Distant providers may provide medication management and psychotherapy
- Allows non-physician providers to arrange psychiatric assessments and medication management even in rural medically underserved areas
- Maximize provider scheduling and utilization



13

Non-Network Providers

- Participating Providers
 - Accept assignment
 - CHAMPUS Maximum Allowable Charge
- Non-Participating Providers
- Flexibility
- Reimbursement incentive
 - 15% above CMAC



14

TRICARE Reimbursement

- Fee schedule tied to Medicare
- Established by Law (32CFR199.14)
- Geographic adjustments
- Electronic Filing
- Quick turnaround for stable cash flow
- CMS 1500 for outpatient
- UB 04 for inpatient



15

Benefits of being a TRICARE Provider

- Being part of the National Security Team
- Making a positive impact on children and families affected by multiple deployments
- Directly assist service members to overcome impediments to continued service
- Help ensure a stable society for the future
- Direct impact on local communities through the treatment of National Guard/Reservists
- You are needed as never before!!!



UNCLE SAM NEEDS YOU

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